

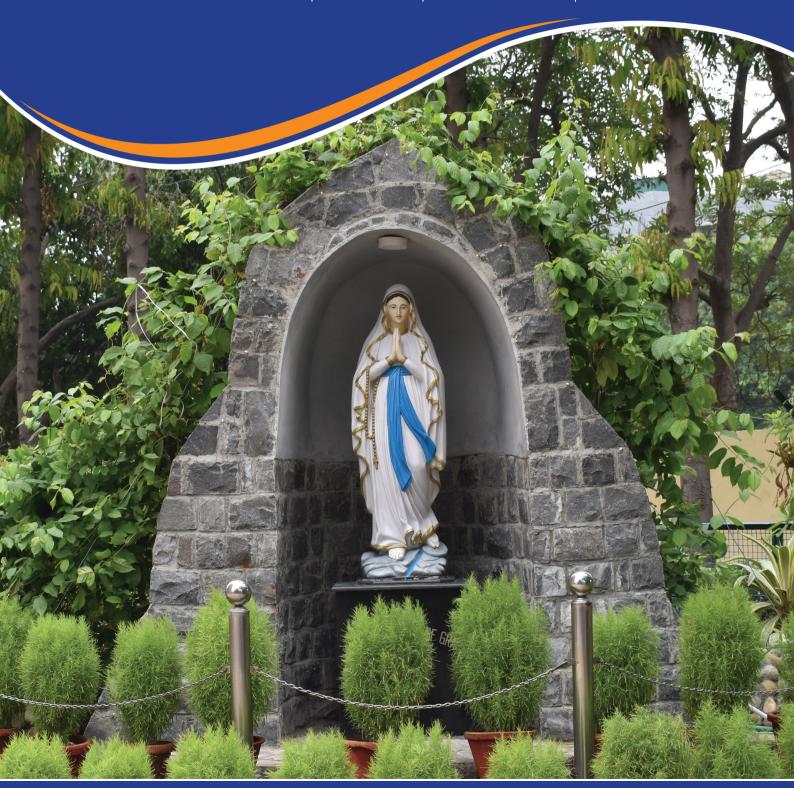
E-NEWSLETTER

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2020



St. Mary's Senior Secondary School

Pocket A2, Mayur Vihar Phase III, New Delhi - 110096

EDITORIAL



Dear Readers

Greetings to all!

'The joy of life comes from our encounters with new experiences, and hence there is no greater joy than to have an endlessly changing horizon, for each day to have a new and different sun.'

- Christopher McCandless

It gives me immense delight to present the first edition of 'Marian E- Newsletter 2020-21' in the hands of our esteemed readers. Under the able leadership of our Principal, Rev. Sr. Merlin C J, this new venture aims at showcasing the journey of the young Marians during this COVID-19 pandemic. The lockdown may have confined us physically, but not our spirit. With great pride I say that our dear students have embraced the challenges posed by this lockdown with great tenacity. They enthusiastically participated in an array of activities and competitions arranged for them on the virtual platform. Their infinite energy and spirit reinforced every Marian's belief in the motto of our school- 'Competence for Commitment'.

I take this opportunity to thank our Principal, Rev. Sr. Merlin C J and Headmistress, Rev. Sr. Poonam C J for their guidance at all times. I also thank the members of the editorial team for their contribution in bringing this newsletter together.

I wish all the readers an enjoyable and enriching experience. Stay happy and stay safe!

Au revoir!

Sumedha Ailawadi

Editor

PRINCIPAL'S MESSAGE

One thing is certain, change is permanent. We know that adjusting to change can be challenging. Be it planned or unplanned, gradual or sudden, change is inevitable and very much part of our existence!

Over the past few months, we've been experiencing an unprecedented shift in our lifestyle due to COVID-19. This pandemic has crippled lives around us and it's a time to reset our priorities and embrace a vast change. Initially when I saw the empty campus, classrooms, and corridors of our school, I felt shaken up and groped myself into a realm of uncertainty. But soon came the light of change to reset the system all over again. With flexibility and willingness, I embraced the CHANGE and grafted myself into optimism. All the changes occurring around us are not easy to accept but coping with them brings prosperity and new avenues of growth.

The new normal procedures of life in 2020 has provided us with endless changes in both our personal and school life. Learning to live with ambiguity and willingness to adapt has brought a significant change in our outlook towards the seemingly bleak future. Life online, virtual class room, home schooling and working from home has become our 'new normal'. We have said goodbye (for now) to attending concerts, plays, movies, festivals, museums, etc., but hopefully they will return soon. As we adjust to our New Normal, we are happy to bring out the first edition of 'Marian E-Newsletter 2020-21' with the view of reaching out to all the Marians. Through this newsletter we would like to convey to all the Marians and our readers that social distancing and physical absence do not mean social disconnecting. In the new normal, we can still connect with school and teachers, family and friends-just in different ways! With much of our life now happening inside the four walls of our homes, may this newsletter find you enthusiastic and eager to turn the pages for exploring the creativity of the young Marians. I convey my best wishes to the editorial team for the success of this new venture.

"Do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you; I will uphold you with my righteous right hand." (Holy Bible: Isaiah Ch: 4 verse 10) As we continue into an unknown future let's be reminded that God already knows how COVID-19 would end. May our journey be that of TRUSTING IN GOD'S LIFE-GIVING WORDS!

Wishing you all a happy reading. Stay safe and remain blessed!

Sr. Merlin CJ Principal







Ananya Ujjain 97.2%



Sanskriti Verma 95.8%



Tarana Upadhyay 95.4%



Hitakshi Sikri 95.4%

CLASS XII COMMERCE STREAM



Rohit Bhatt 97.6%



Allen Xavier Jacob 95.6%



Christo Sabu 95.6%



Bhawna Arya 94.8%



Natasha Annmary Thomas 94.8%

CLASS XII SCIENCE STREAM



Elna Saju 96.6%



Prachi Mishra 96.4%



Devakrishnan M 96.2%



Sushant S Bharti 96.2%

Laurels to the school



Ashima Shibu, XII-B

Our students participated in an inter school movie making competition on the theme-BREAK THE CHAIN, organised by St. Michael's School, Pusa Road, in the month of May 2020. Ashima Shibu of class XII-B won the best actor award.



Navya Bisht, XII- B

Salwan Model United
Nations (SAMUN) conducted
several inter school
competitions on 9-10 May
2020. Navya Bisht of XII- B
bagged the first position
in the caricature making
category. Navya won a cash
prize of Rs. 500 and an
e-merit certificate.



Shreya Jain, XII- A

Zamit App conducted a
Zamit Jingle competition
wherein children were
supposed to make a song
as a promotion of the app.
Shreya Jain of XII- A won
the first prize.

Despite the limitations and restrictions of the lockdown due to corona pandemic, the school celebrated Labour Day on 1 May 2020 on a virtual platform. To acknowledge the hardwork and dedicated service of the co workers, a beautiful video and e -cards were sent to all of them. Our Manager, Rev. Fr. Jose T J and Principal Rev. Sr. Merlin C J sent them a message of appreciation and thanked them for their invaluable service to the institution.

HAPPY LABOUR DAY 2020

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Sharing Is Caring

St. Mary's Sr. Sec. School came out in support of the migrant workers and provided for their needs by joining hands with Chetanavala, an NGO run by the Archdiocese of Delhi. Besides this, they also provided sustainable livelihood to a nearby slum and to an old age home during the difficult time of corona pandemic. The CJ sisters of our school rendered all possible help through cash and kind to families in the area who were facing financial difficulties. The Sisters sought divine blessings for all and specially prayed to the Lord Almighty that this pandemic may end soon and people may be able to move freely to work to earn their livelihood. Amen!



INTERACTION
WITH THE
TINY TOTS

On 6 and 7 August 2020, our school successfully conducted an online interactive session with the tiny tots of class K.G. and their parents. Due to the COVID 19 lockdown, these little ones did not get the opportunity to come to school and enjoy their presence there.

The programme started by invoking God's blessings through a prayer song. Then our Principal, Rev. Sr. Merlin C J addressed

SR. POONAM JOHN

Sr. Merlin

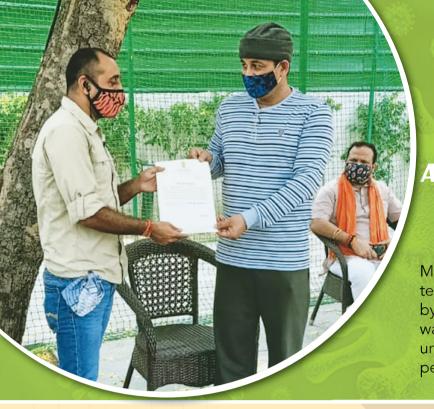
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IVUVIKA PURWAN.

the parents and also explained various good habits to the children through an inspiring video and further emphasised on maintaining hygiene and cleanliness.

Our Headmistress, Rev. Sr. Poonam C J explained to the parents the important role they play in their child's life. Sister emphasised that it is essential that parents spend quality time with their children.

The parents were extremely happy to get connected with the institution.



ACKNOWLEDGING OUR CORONA WARRIOR

Mr. Pawan Kr. Tyagi, the physical education teacher of our school, was awarded a certificate by local authorities for being an active corona warrior during the pandemic. Pawan Sir undertook various charitable drives to help people in need.

FUN LEARNING DURING

SUMMER VACATIO

Summer Vacation is synonymous with picnics and fun activities. But the summer vacation of 2020 was a totally different experience. Children were locked up inside their homes due to the corona pandemic. In order to engage the young Marians in a constructive manner, our Principal, Rev. Sr. Merlin C J and our Headmistress, Rev. Sr. Poonam CJ came up with the brilliant idea of organising various programmes to keep the students of the primary and the senior wing engrossed in creative activities. Teachers prepared class wise daily planners that consisted of interesting activities for the children.



The school management, under the competent eye of our dear Principal, Rev. Sr. Merlin C J conducted several highly informative and energising webinars for the teachers and the students. The resource persons emphasised that no matter what the situation, one must learn, adapt and apply, especially at a time when all are sitting at home and eagerly waiting for the corona pandemic to end.

The staff and the students are grateful to their Principal, Rev.Sr. Merlin C J for organising such ingenious webinars for all. Let's take a glimpse of those webinars.....

Webinar on Lesson Planning

Mrs. G. Pongal Punitha, Director of The Infiniti leaders' Academy, Chennai conducted a three-day webinar for the teachers from 1 June to 3 June 2020 on 'The Nuances of Lesson Planning'. Ms. Pongal spoke about the importance, purpose and components of lesson planning. There was also a discussion on Bloom's Taxonomy, the eight Multiple Intelligences, Kolb's learning Cycle and the experiential learning styles.

Introducing The World Of Media Studies

To apprise the outgoing batch of class XII (2019-20) about a brilliant and aspiring career in media studies, our school conducted a webinar on 16 June 2020 in collaboration with NISCORT Media College, Ghaziabad.

Webinar On Child Protection Policy

A webinar was conducted by DLSA in association with DoE and EDMC regarding 'Protecting our children: their rights and responsibilities' on 4 July 2020. The resource persons informed about the POCSO act and reinstated that the safety of a child is paramount and every institution must ensure that.

Workshop On Environment Sustainability

Xavier Institute of Engineering organized a webinar on 'Environmental Sustainability' whose main aim was to reduce environmental footprints through sustainable practices. The students and teachers of our school participated in this webinar. It was an exciting five week course from 20 June 2020 to 18 July 2020.

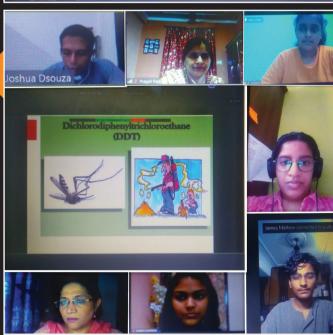
Career Counselling

A webinar on 'Career Counselling' was conducted on 11 July 2020 for the Commerce students of class XII. It was conducted by IMS East Delhi. The session covered various courses that students could opt after schooling, the top institutes available, their selection criteria and tips to crack the entrance exams.

WEBINARS AT A GLANCE....



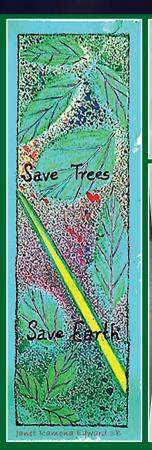




CELEBRATING WORLD ENVIRONMENT

'Heal the world, make it a better place, for you and for me and the entire human race.'

The theme for World Environment Day 2020 is 'Celebrate Biodiversity'. Keeping this theme in mind, our school celebrated World Environment Day on 5 June 2020 in a creative and competitive manner to make students responsible in taking care of Mother Nature. Our Principal Rev. Sr. Merlin C J initiated an awareness campaign by organising various competitions through the virtual platform. The students of the primary and the senior wing participated enthusiastically in the various competitions, namely texture painting, card and bookmark making, slogan writing, pencil sketching, poster making, poem/article writing and video making.





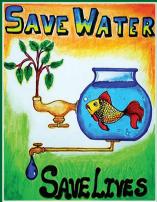












YOGA

FOR GOOD HEALTH

To mark the International Yoga Day on 21 June 2020, our school organised an online yoga session wherein students, parents and teachers participated enthusiastically. The theme for this year's Yoga Day was- 'Yoga at Home, Yoga with Family'.

Various asanas like Surya namaskar, Pranayam and meditation were performed under the guidance of our physical education instructors. It was indeed a joy to watch the young Marians do the exercises with ease and agility. The celebration was successful under the active and enthusiastic leadership of our Principal, Rev. Sr. Merlin C J, Headmistress, Rev. Sr. Poonam C J and all the teachers. In her address, Rev. Sr. Merlin emphasised that 'yoga adds years to life and life to years.'











Our school's Media club, in association with the Literary club and the Eco club, launched its YouTube channel named 'E-MARIANS' on 18 July 2020. It was telecast in two parts in which the school shared its joy and happiness with everyone.

In his inaugural address, our Manager Rev. Fr. Jose TJ congratulated the team for working hard in breathing life into the dream project of having our own YouTube channel. Our Principal Rev. Sr. Merlin CJ also shared her joy and said that it's just the beginning of the journey and St. Mary's will cross many more milestones in the years to come.





The school witnessed the superannuation of a stalwart, after a long, active selfless service of twenty years. St. Mary's bid farewell to Ms. Selin Raju on 31 March 2020. She was given an official farewell through the virtual platform on 18 July 2020. The farewell ceremony was aired on our school's YouTube channel 'E-Marians' which was attended by the students live.

Selin ma'am worked as the senior teacher in the Science department. Her dedication and versatility made her an exceptional teacher of the institution. The School will always remember Selin ma'am as a person of integrity, with a great sense of responsibility and also as a multifaceted personality. The school wishes good health, prosperity, peace and joy in her retirement life.



NCC ACTIVITIES



Cdt 8

The NCC cadets of our school participated in various programmes organised by the NCC Directorate from 13 to 26 July 2020. The first event was the 'Tree Plantation Drive' in which 18 cadets from the second year participated and they planted medicinal saplings in their homes. They also participated in the Kargil Vijay Diwas celebration on 26 July 2020. The cadets made beautiful and thoughtful posters to commemorate the acts of bravery and sacrifices made by our brave soldiers during the Kargil war.





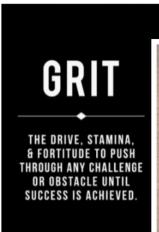




BUILDING A BOND WITH THE STUDENTS

'A great Principal builds character, inspires dreams, encourages creativity, builds confidence, instils a lot of learning and touches the hearts of his/her students.'

True to these golden words, our Principal Rev. Sr. Merlin C J leaves no stone unturned to reach out and connect with the students. During the month of July, Rev. Sr. Merlin conducted various online interactive sessions with the young Marians. The students were very happy to interact with their Principal. The school expresses heartfelt gratitude to the Principal for being the beacon of light in these tough times.





NEVER

GIVE UP



VIRTUAL SCHOOL ASSEMBLY

On 27 July 2020, even pandemic couldn't dampen the energetic spirit of St. Mary's to praise and give thanks to Lord Almighty. Under the able leadership of our Principal Rev. Sr. Merlin C J, students of class XII conducted their first ever virtual prayer assembly to thank God for the abundant opportunities blessings and during academic session the 2020-21. In her address, Rev. Sr. Merlin motivated the young Marians and provided valuable tips on online learning and staying safe in this pandemic.



Our school celebrated India's 74th Independence Day on a virtual platform with the same zeal and patriotism as it is celebrated every year. The programme was aired on our school's YouTube channel 'E-Marians' which was attended by the students live.

Our Manager, Rev. Fr. Jose T J hoisted the national flag in the school premises. He was accompanied by our Principal, Rev. Sr. Merlin C J and our Headmistress, Rev. Sr. Poonam C J. The stage was beautifully decorated with a huge tricolour in the background. Balloons and flowers of the three colours-saffron, white and green- adorned the school premises. The young Marians saw the flag hoisting ceremony online. This was followed by a special assembly by students of class XI.

Speaking on the occasion, Rev. Sr. Merlin wished all the teachers, students and their parents a Independence happy verv Day. She said that she dearly missed the presence of the children during the flag hoisting ceremony. The day is also special as it is the Feast Day of our school's patroness Mother Mary. Catholics all over the world celebrate the Feast Day of the Assumption of Mother Mary into Heaven.

In his address, our Manager Rev. Fr. Jose T J appreciated the students for celebrating this day with great patriotic fervour and asked everyone to take care of the lesser privileged and the needy during these tough times of corona pandemic.

As a prelude to the Independence Day celebrations, several online competitions were held in which the young Marians participated enthusiastically. The excitement and patriotism of the students was well reflected when they participated in patriotic singing (solo), English speech, solo dance (Folk, Western, Classical), Hindi poetry recitation competitions.

Every heart reverberated with Jai Hind!!



ऑनलाइन कक्षाएँ : एक नया युग

आज देशभर में कोरोना के कारण हुए लॉकडाउन ने शिक्षा का स्वरूप बदल कर रख दिया है। कल तक बैग (बस्ते) के साथ विद्यालय जाने वाले हम छात्र अब घर पर ही पूरी तन्मयता से पढ़ाई कर रहे हैं। प्रौद्योगिकी उन्नति की वजह से हम इस सर्वव्यापी महामारी में भी ऑनलाइन शिक्षा प्राप्त कर पा रहे हैं। प्रारंभ के एक-दो महीने, छात्र उत्साह से भरे थे, परंतु अब इसके कारण छात्रों को कई समस्याओं का सामना करना पड रहा है क्योंकि उत्साह से भरा माहौल जो हम विद्यालय में अनुभव कर पाते थे; वह माहौल ऑनलाइन शिक्षा में नहीं मिल पाता। अध्यापक और छात्र के बीच में जो आत्मिक संबंध था, उसमें आज छात्र अभाव महसूस कर रहे हैं। भले ही हम स्कूल नहीं जा पा रहे हैं परंतु हमारे अध्यापक हर तरह से हमारी मदद करने में जुटे हैं। छात्र घर बैठे मायूस न हो, इसके लिए स्कूल प्रबंधन ने भी कई ऑनलाइन पाठयक्रम से संबंधित गतिविधियों का आयोजन किया है जिससे वे अपनी योग्यताओं को निखार सकें।

हमारे सामने चाहे जितनी भी बड़ी समस्या क्यों न हो, उसका समाधान अवश्य है क्योंकि यदि समस्या है तो समाधान भी है। किसी ने सही कहा है कि शिक्षा में सबसे ज़्यादा ताकत होती है, वह पूरी दुनिया को बदल कर रख सकती है।

आन्या सिंह 11वीं 'अ'

ऑनलाइन कक्षाएँ : एक नया युग

एक युग से दूसरे युग की ओर बढ़ने के लिए अति महत्वपूर्ण है परिवर्तन को समझना। परिवर्तन तो कालचक्र का नियम है, चाहे वह प्राकृतिक हो या अप्राकृतिक।

21वीं सदी का यह दूसरा दशक मानो मानव के विनाश की साज़िश कर रहा था। जिस विश्व का यशोगान पूरा ब्रह्मांड करता है, आज उस विश्व को ऐसी महामारी ने जकड़ लिया है जिसने हम अहंकारी मनुष्यों को घर की चारदीवारी में सीमित करने का साहस किया है। वह मनुष्य जो अपने अहंकार रूपी मोम के ऊँचे सिंहासन पर बैठा था, विश्व के पतन की डोर नचा रहा था; उस सिंहासन को जलाकर पिघलाने वाला यह वायरस ही है। आखिर इस अहंकार का परिणाम क्या हुआ?

"नज़र जब भविष्य की अनिश्चितता पर जाती है जिसमें मेरी ही भाँति अनेक छात्रों के सपनों की चाबी है।" इसी कारण हमारे अध्यापकों ने अपने घर—बार और हमारे भविष्य दोनों ही में बड़ी सूझ—बूझ से सामंजस्य स्थापित किया है।

ऑनलाइन कक्षाओं ने पढ़ने—पढ़ाने का भार ज़रूर बढ़ाया है यह भी एक परिवर्तन है, ऐसा परिवर्तन जो छात्रों के जीवन को पटरी से गिरने से बचा रहा है। अब इस परिवर्तन को आप प्राकृतिक मानेंगे या अप्राकृतिक। आप पर छोड़ती हूँ। रही बात कोरोना की, तो दूर से ही संदेश देना चाहूँगी.....

अतिथि तुम कब जाओगे?

राशि झा 12वीं 'ब'

ऑनलाइन कक्षाएीं : एक नया युग

भारत में लॉकडाउन के दौरान छात्रों के लिए प्रतिदिन ऑनलाइन कक्षाओं में भाग लेना नया (सामान्य-सा) बन गया है। ऑनलाइन कक्षाओं ने स्कूलों में उपस्थित होने के तरीके को पूरी तरह से बदल दिया है। पहले यह दोस्तों के साथ हुआ करता था; जहाँ हम एक साथ पढाई, बातचीत और खाना खाते थे। लेकिन अब हम अपने कमरे की चार दीवारों के भीतर सिमट कर रह गए हैं, दूसरी दुनिया में खोए हुए स्क्रीन को घूर रहे हैं। इस स्थिति के बहुत सारे फायदे हैं; अब हमें रोजाना स्कूल जाने की ज़रूरत नहीं है, हम अपने घर के आरामदायक माहौल में अध्ययन कर सकते हैं. सीख सकते हैं। अपने असाइनमेंट ऑनलाइन जमा करावा सकते हैं। ऑनलाइन कक्षाओं में बहुत सारी मानसिक और शारीरिक गतिविधियाँ भी करवाई जाती हैं जिससे एक बच्चे का सर्वांगीण विकास होता है। उन्हें विभिन्न एप्लीकेशन और कार्यक्रमों के बारे में अधिक जानकारी मिलती है। कंप्यूटर, रमार्टफोन / मोबाइल फोन, रेडियो और टेलीविजन के बारे में उनका ज्ञान बढ़ रहा है।

अनन्या उज्जैन

11वीं 'ब'

ऑनलाइन कक्षाएीं : एक नया युग

कल मैं ऑनलाइन क्लास के बाद अपनी अंग्रेजी साहित्य की पुस्तक पढ़ रहा था। चार आँखें होने के बाद भी मुझे कुछ शब्द ठीक से दिखाई नहीं दे रहे थे। अब ऐसी स्थिति में एक साधारण व्यक्ति किताब को अपने पास लाएगा ना! मैं इस किताब को अपनी मध्यमा और तर्जनी से जुम करने लगा क्योंकि यह न्यू नॉर्मल है भैया। धरती पर अपने चौदह वर्ष की अवधि में ऐसी महामारी मैंने पहली बार देखी है। आज मैं यह कल्पना भी नहीं कर सकता कि यह महामारी अगर 50 वर्ष पहले आई होती तो उन बच्चों की पढाई का क्या हश्र होता। राम जी की ही कृपा है कि आज इस कठिन काल में ऐसी पढ़ाई वरदान बनकर आई है। अगर ऑनलाइन कक्षा की बात हो ही रही है तो यहाँ कुछ महत्त्वपूर्ण व्यक्तियों की भी बात होनी चाहिए। इन्होंने ऐसे कठिन समय में समाज को शिक्षित करने का बीडा उठाया है। जरा सोचिए, कोरोना महामारी से जहाँ सब कुछ बंद होने के कारण भविष्य अनिश्चितता से पूर्ण है, वहाँ शिक्षित समाज की आवश्यकता कितनी बढ़ जाती है। भविष्य के संरक्षण हेत् वर्तमान को ठीक होना चाहिए।

आज का वर्तमान जो कल का भविष्य बनेगा, यदि वही अज्ञानता के तिमिर में खो जाएगा तो इस समाज में प्रलय आ जाएगा। उस खोए हुए वर्तमान को अंधकार से उजियारे में लाने वाले समाज के सुधारक कोरोना से लोहा ले रहे हैं।

आर्यमन झा

नवीं 'ब'



Gargi Chaudhary-I D



Shreenesh Choudhary -II C



Jonathan George Vallankanni-V A



Akshaj VIII A





Milen P Monachan X D



Angeline Raju XI B

ENGLISH CREATIVE WRITING

How the last two months have helped me become a changed person

As a student, I felt initially it was difficult to take virtual classes. It gets frustrating that we can't interact with our teachers and our friends and that we cannot get the environment a school provides. Wearing a mask whenever going outside, not being able to go out and meet everyone has been challenging. All these changes have been taking a toll on not only the students but everybody's mind and body. But slowly we have adjusted to the new way of living.

Niharika Joshi, XI B

The best opportunity this lockdown gave to me is the chance to build a genuine relationship with my loved ones. We have all been so busy living the so called 'life' that many of us have lost those real genuine moments we have with our loved ones. I got to spend time with my family and plan my future better. As life slowed down, we have found ways to stay connected with people even if it's virtually, reconnect with our loved ones and retrospect.

Deon Regi, XA

I've always loved reading so being inside gave me a lot of time to read my favourite books again and some new books. I also cooked a lot of stuff with my mom and my little sister. All the dishes turned out to be pretty delicious, not to mention the number of times we tried making a single dish to make it as tasty as a restaurant-made dish. And of course when you are home with your mom, she would totally compel you to do chores and so did I do, I picked up the broom and the mop and started cleaning. I felt really proud after completing the cleaning and seeing the house clean.

Sandra Rosa Prince, IX A

This unprecedented time has taught me valuable lessons for the whole life. The numerous moments of joy that I got in the past two months will forever be engraved in my memory. These two months helped me to discover my real self. This is the longest period of time I ever spent without Eating Junk Food From the nearby markets and restaurants. I got the chance of discovering the unmatchable taste of the food cooked by my mother. It has an essence of love which cannot be beaten by any other fast food. I also got a chance to spend a lot of time with my grandparents who narrated various interesting tales to me from their own life! It was not less than a blessing for me.

Chirag Dalwani, IX C

As a student, lockdown has affected my life. Earlier I used to go to school and attend the classes and enjoy eating and playing in the company of my friends. Now, as the school is closed due to the lockdown, we are attending online classes. I really enjoy the classes in this online mode. It is an entirely different and a new experience for all the students. But I miss my friends and going out to the park for playing cricket. The lockdown has made me realize the joy of enjoying simple things in life. I keep myself busy by reading books, listening to music and watching educative shows.

Nivaan, IV A

Initially, I spent my time watching cartoons and reading books with my sister. After some time my online classes started which helped me get back to my studies. Lockdown has given us enough time to spend with our grandparents. I help my mother in the kitchen and have tried some dishes. I have realized the importance of taking care of each other. I am eagerly looking forward to good times again, when we can move out of our homes without any fear and restraint.

Ishita Srivastava, IV B